



Lighten Up This Summer

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Anne and I both go a little lighter in the summer. Just like a (spray) tan makes you glow in your sundresses, so does lighter hair brighten your face. Check out Selena's new color above.

Colorist Shannon Silva of Dyer + Posta salon (a Marie Robinson affiliate) in Atlanta gave us these tips to going lighter and looking great:

"It is always important to only go one to two shades lighter than your natural hair color. Slow transition is the key and is much less damaging to your hair, especially in the summer when exposure to the sun and chlorine are a factor. A great coloring technique for gradually going blonde is Balayage, which creates a natural beachy look by using a painting technique instead of foiling. This technique can help a brunette mimic the lighter look on Selena!"

Protect your hair with Moroccanoil or a leave-in conditioner like the one from Bumble and Bumble. Brunettes can go brassy after just a few washings, so consider using a purple shampoo like Clairol Shimmer Lights every other week to keep your blonde highlights fresh.