

# get gorgeous

## Carefree Color

Like flip-flops and swimsuits, sun-kissed strands are a staple of summertime.

The latest twist on the look is called ombré ("shadow" in French): "It's a gradation of color from darker roots to lighter ends," says Shannon Silva, a hair colorist at Dyer & Posta Salon in Kennesaw, Georgia. Because roots are supposed to be visible, the low-maintenance technique means you'll need fewer touch-ups. Ask your colorist to highlight just the lower half of your hair, staying within two to three shades of your base, Silva advises. If your hair already has some blonde in it, get the effect without a salon visit by applying **John Frieda Sheer Blonde Go Blonder Controlled Lightening Spray** (\$10, drugstores) to ends before heat styling. The formula contains chamomile and lemon peel extracts to lighten locks over the course of five uses.



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